

Gastroenterology, Hepatology and Endoscopy American Board of Internal Medicine Diplomate in Gastroenterology & Internal Medicine David Cohen, M.D. Arin H. Newman, M.D.

Daniel Wolfson, M.D.

Name:

Date:

Preparation for Upper Endoscopy (EGD) (Also dilation, stent or PEG

- You are scheduled for an Upper Endoscopy on ______ at _____. You must arrive by ______.
 Note: The facility may call you to change arrival time
- 2. Continue your normal diet, unless otherwise instructed, until midnight, the night before the test, then have nothing to eat or drink.
- 3. Continue to take all your medications including blood pressure pills with sips of water even the morning of your test. The only exceptions are diabetic medications and blood thinners which you need to discuss with your doctor.
- 4. A good preparation is an important part of this examination. If you have any questions, call the office or the doctor on call.
- 5. You **must** be at the hospital one hour prior to schedule procedure time for registration and nursing preparation time.
- 6. You may **NOT** drive yourself home from the procedure.
- 7. Please call the office at 305-674-5925 options #2. if you have any questions

Mount Sinai Medical Center Gummenick Building 1st floor 4300 Alton Rd Miami Beach, FL 33140 Phone# 305-674-2498 Aventura Hospital (Register on the 1st floor) 20900 Biscayne Blvd Aventura, FL 33180 Phone# 305-982-7000

Surgery Center of Aventura 20601 East Dixie Highway Suite 400 Aventura, FL 33180 Phone# 305-792-0323 Baptist Endoscopy Center 709 Alton Rd, Suite 130 Miami Beach, FL 33139 Phone# 786-204-4010