



Gastroenterology, Hepatology and Endoscopy

American Board of Internal Medicine

Diplomate in Gastroenterology & Internal Medicine

David Cohen, M.D.

Arin H. Newman, M.D.

Daniel Wolfson, M.D.

Name: _____ **Date:** _____

Preparation for Upper Endoscopy (EGD)
(Also dilation, stent or PEG)

1. You are scheduled for an Upper Endoscopy on _____ at _____. You must arrive by _____.

Note: If you have been scheduled at Surgery Center of Aventura, You will receive a call the day prior to the procedure to provide you with **the appointment time**.

2. Continue your normal diet, unless otherwise instructed, until midnight, the night before the test, then have nothing to eat or drink.
3. Continue to take all your medications with sips of water even the morning of your test. The only exceptions are diabetic medications which you need to discuss with your doctor, and Aspirin which should be discontinued for one week prior to the procedure.
4. A good preparation is an important part of this examination. If you have any questions, call the office or the doctor on call.
5. You **must** be at the hospital one hour prior to schedule procedure time for registration and nursing preparation time.
6. You may **NOT** drive yourself home from the procedure.
7. Please call the **North Miami office at 305-692-6100 options #2 or Miami Beach office at 305-674-5925 options #2.** if you have any questions

Patient's Responsibility:

This is an estimated fee for just the doctor's service. You may have additional fees for the facility and laboratory.

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Mount Sinai Medical Center Gummerick Building 1 st floor 4300 Alton Rd Miami Beach, FL 33140 Phone# 305-674-2498 | <input type="checkbox"/> Aventura Hospital (Register on the 1 st floor) 20900 Biscayne Blvd Aventura, FL 33180 Phone# 305-982-7000 | <input type="checkbox"/> Surgery Center of Aventura 20601 East Dixie Highway Suite 400 Aventura, FL 33180 Phone# 305-792-0323 | <input type="checkbox"/> Baptist Endoscopy Center 709 Alton Rd, Suite 130 Miami Beach, FL 33139 Phone# 786-204-4010 |
|--|---|---|--|