



**Gastroenterology, Hepatology and Endoscopy**

*American Board of Internal Medicine*

*Diplomate in Gastroenterology & Internal Medicine*

**David Cohen, M.D.**

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**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Preparation for Upper Endoscopy (EGD)**  
**(Also dilation, stent or PEG)**

1. You are scheduled for an Upper Endoscopy on \_\_\_\_\_ at \_\_\_\_\_. You must arrive by \_\_\_\_\_.

**Note:** If you have been scheduled at Surgery Center of Aventura, You will receive a call the day prior to the procedure to provide you with **the appointment time**.

2. Continue your normal diet, unless otherwise instructed, until midnight, the night before the test, then have nothing to eat or drink.

3. Continue to take all your medications with sips of water even the morning of your test. The only exceptions are diabetic medications which you need to discuss with your doctor, and Aspirin which should be discontinued for one week prior to the procedure.

4. A good preparation is an important part of this examination. If you have any questions, call the office or the doctor on call.

5. You **must** be at the hospital one hour prior to schedule procedure time for registration and nursing preparation time.

6. You may **NOT** drive yourself home from the procedure.

7. Please call the **North Miami office at 305-692-6100 options #2 or Miami Beach office at 305-674-5925 options #2.** if you have any questions

Patient's Responsibility:

**This is an estimated fee for just the doctor's service. You may have additional fees for the facility and laboratory.**

Mount Sinai Medical Center  
Gummerick Building 1<sup>st</sup> floor  
4300 Alton Rd  
Miami Beach, FL 33140  
Phone# 305-674-2498

Aventura Hospital  
(Register on the 1<sup>st</sup> floor)  
20900 Biscayne Blvd  
Aventura, FL 33180  
Phone# 305-982-7000

Surgery Center of Aventura  
20601 East Dixie Highway  
Suite 400  
Aventura, FL 33180  
Phone# 305-792-0323

Baptist Endoscopy Center  
709 Alton Rd, Suite 130  
Miami Beach, FL 33139  
Phone# 786-204-4010