



ANNUAL WELLNESS VISIT

Thank you for choosing Physicians Group of South Florida for your medical needs! Your well-being is our top priority. We want to ensure you have a clear understanding of what is included in your Annual Wellness Visit (AWV), so you can make the most of this important preventive service.

The Annual Wellness Visit is designed to focus on preventive care, rather than addressing acute medical issues or specific health concerns. During this visit, we will:

1. **Review Your Medical History:**
We will go over your personal and family medical history to understand your health background and assess risk factors.
2. **Discuss Current Medications and Supplements:**
A review of any prescriptions, over-the-counter medications, and supplements you may be taking.
3. **Perform Routine Measurements:**
This includes checking your height, weight, blood pressure, and other vital signs.
4. **Assess Preventive Health Needs:**
 - Recommendations for age-appropriate screenings and tests, such as mammograms or colonoscopies.
 - Reviewing immunizations and scheduling any necessary vaccinations.
5. **Develop or Update a Personalized Prevention Plan:**
This plan will focus on managing risk factors and promoting your overall health.
6. **Evaluate Cognitive and Emotional Health:**
Screening for any signs of memory issues or mental health conditions, such as depression or anxiety.

It's important to note that the Annual Wellness Visit **does not include treatment for new or existing medical conditions**. If your physician does address any new or existing medical conditions during your annual wellness Visit, you may be charged a copay or deductible based on the terms of your insurance plan. Please remember, your policy is designed by your insurance company and our office has no control over payment responsibility.

Please feel free to ask our front office staff if have any questions about what to expect during your Annual Wellness Visit. We are here to help you stay on track with your health and well-being!

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