

Patient Guide to In-Office Visits

What to do before your visit?

- Please notify the office if you have had a positive COVID-19 test in the past 30 days.
- Make sure to confirm your appointment via our automated text/email feature. If not confirmed, you may receive several calls from our office.
- Gather all available notes from other Doctors you have seen since you last came to our office. Please bring these along with a list of current medications to your appointment.
- Don't forget to take your prescribed medication. Your doctor can best evaluate you if you are consistent with your medication administration.

Attending your In-Office Visit

- To promote patient safety, we encourage you to come alone to your appointment. If necessary, **one** visitor will be allowed to accompany you to your visit.
- Due to additional screenings when visiting our office, please allow extra time upon arrival (approximately 15 minutes).
- **Visitors must be free of fever and respiratory symptoms.** In response to recently documented cases of breakthrough infections even in vaccinated people, patients are encouraged to change their appointments to Telehealth/Phone visits if these symptoms arise.
- **All patients with scheduled GI Procedures** must be tested for COVID-19 between 24 and 48 hours prior to their scheduled surgery date.
- **COVID-19 vaccine:** PGSF is following national and state guidelines regarding the distribution of COVID-19 vaccines. We strongly recommend that you receive a COVID-19 vaccine when it's available to you. We do not currently administer the vaccine in our office. Until we do, please consult your local state and county information for the most up-to-date information on how and when you can receive the vaccine.

After Your Visit

- **Make sure you are registered for the Patient Portal.** This is the best way to get in direct contact with your Doctor.
 - Ask our front desk staff to register you for the Patient portal. (Make sure we have your preferred email address on file)
 - Sign up using the link sent to your email. (The invite expires after 24hrs)
 - Remember your Username and password.
- **Do not wait until the end of the year to schedule important screenings!**
 - The last few months are always the busiest for medical staff. If you wait until last minute to schedule your Physical exam or screenings, you may not be able to get an appointment.