



**Gastroenterology, Hepatology and Endoscopy**

*American Board of Internal Medicine*

*Diplomate in Gastroenterology & Internal Medicine*

**David Cohen, M.D.**

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**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Preparation for Upper Endoscopy (EGD)**  
**(Also dilation, stent or PEG)**

You are scheduled for an Upper Endoscopy on \_\_\_\_\_ at \_\_\_\_\_. You must arrive by \_\_\_\_\_.

**Note:** The facility may call you to change arrival time

1. Continue your normal diet, unless otherwise instructed, until midnight, the night before the test, then have nothing to eat or drink.
2. **Starting one week prior to the procedure:**  
Please do not take any GLP-1 receptor agonists, such as Ozempic, Mounjaro, Rybelsus, Trulicity, Victoza, or Bydureon. Do not take diet pills or use marijuana. Please stop taking SGLT-2 inhibitors (such as Farxiga, Jardiance, or Invokana) **three days before** the procedure.  
**If these instructions are not followed, the anesthesiologist may cancel your procedure.**
3. Continue to take all your medications including blood pressure pills with sips of water even the morning of your test. The only exceptions are diabetic medications and blood thinners which you need to discuss with your doctor.
4. A good preparation is an important part of this examination. If you have any questions, call the office or the doctor on call.
5. You **must** be at the hospital one hour prior to schedule procedure time for registration and nursing preparation time.
6. You may **NOT** drive yourself home from the procedure.
7. Please call the office at **305-674-5925 options #2.** if you have any questions

**Patient Responsibility (PROFESSIONAL FEE ONLY)** \_\_\_\_\_  
**This is an estimated fee for just the doctor's services. You may have additional fees for the facility and lab**

Mount Sinai Medical Center  
Gummerick Building 1<sup>st</sup> floor  
4300 Alton Rd  
Miami Beach, FL 33140  
Phone# 305-674-2498

Aventura Hospital  
(Register on the 1<sup>st</sup> floor)  
20900 Biscayne Blvd  
Aventura, FL 33180  
Phone# 305-982-7000

Surgery Center of Aventura  
20601 East Dixie Highway  
Suite 400  
Aventura, FL 33180  
Phone# 305-792-0323

Baptist Endoscopy Center  
709 Alton Rd, Suite 130  
Miami Beach, FL 33139  
Phone# 786-204-4001